

TRIDENT

A wide-angle photograph of a lush green wheat field stretching to the horizon. The sky is filled with heavy, dark grey clouds, suggesting an approaching storm. In the distance, a small cluster of houses and trees is visible on a slight rise. The overall mood is dramatic and atmospheric.

July 2020
photo Rob Viner

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THE TRIDENT

Published on behalf of the Anglican Churches
of Eynsford, Farningham and Lullingstone
by the PCC of St Martin's Eynsford
www.efl-churches.org

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Please contact John Friend (details on page 3)

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To order please contact the Treasurer, contact details on Page 3

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The Editor reserves the right to edit
or omit contributions and
occasionally delay the inclusion of
an article when then there is an
excess of material.

Please keep articles to 400 words,
one page, and sign them as
anonymous items will not be
published

Copy by the

12th

For the next issue
please

**Cover photos (portrait format)
very welcome to
linda.cronin55@gmail.com**

Further copies can usually be obtained from the Newsagents or the
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We thank those who have chosen to pay for advertising space in this
magazine, however we cannot guarantee the accuracy of any statement,
nor any of the products or services advertised.

From the Editor

Welcome to the July edition of Trident.

Once again, we are publishing online only as Church of England has not changed regarding the use of paper copies of information. It also means that those delivering the magazine are not put at additional risk. If you know of subscribers who are not yet receiving the email link -do ask them to send their details to efltridentsubs@gmail.com

This past month seems to have been busier, although many people are still staying at home. Some have gone back to work or to school, and more people are enjoying our countryside and villages.

There have been lots of reports of anti-social behaviour recently. Don't forget to report all incidents to the police on 101. It helps them to build up a picture of what is happening, and it also means that we are more likely to get a greater police presence.

Eynsford in Bloom and Friends of Farningham have started work again, helping to make our villages even lovelier. I am sure that both groups would welcome more members. If gardening is not your thing, why not volunteer for Speed-watch? There is a joint group across both villages.

Another volunteering opportunity is helping with fundraising for Eynsford Village Hall - see the article inside for details.

The post of Rector is being re-advertised - do you know anyone who might be interested?

I have re-inserted the diary section from August onwards in the hope that some events may go ahead. Due to the current circumstances this is still uncertain, so please check with the organisers first!

Holly Ivaldi, Editor.

PS: if you can help a non computer-savvy neighbour access Trident, please do!

Join www.easyfundraising.org.uk and raise money for the churches as you shop on line. Donate to St Martin's Church, Eynsford, Farningham or Lullingstone Church

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07969175768 eflassociaterector@gmail.com

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For baptisms, weddings, funerals and churchyard please contact the
Associate Rector

**Services for the Benefice of Eynsford, Farningham
and Lullingstone**

Eynsford

8.00 am

A quiet, reflective communion service on -1st and 3rd Sundays

9.30 am

All Age Communion with Sunday School

Farningham

11.00 am

Morning worship on 1st & 3rd Sundays
2nd & 4th Sundays, Holy Communion
children's activities during the communion service.

Lullingstone

11.00 am

A traditional service using the Book of Common Prayer
Holy Communion on the 3rd Sunday
Sunday School during the Service on the 4th Sunday

Joint service in the Benefice when there is a 5th Sunday in the
month.

Mid-week services

Wednesdays - Morning Prayer with Litany in Lullingstone; 9.30am

Friday - Communion in Eynsford; 9.30am

From the Ministry Team

During these last few months of lockdown, I wonder if you have had more opportunity to appreciate nature? Perhaps when you go for your daily exercise you've become more aware of the different birdsong, the wonderful variety of flowers popping up in neighbours' gardens from week to week, and generally to reflect on the beautiful place in which we are blessed to live?

As I write, it is World Environment Day. Every year on 5th June World Environment Day offers a global platform for inspiring positive change – helping us to recognize that global change requires a global community; encouraging people to think about the way they consume; for businesses to develop greener models; for farmers and manufacturers to produce more sustainably; for governments to safeguard wild spaces; and for youth to be inspired to become gatekeepers of a green future. This is something I personally feel very passionate about and I believe we all need to get on board with.

In Psalm 24 we read “The earth is the Lord’s, and everything in it.” It is our duty to respect and honour God’s creation by taking the right steps to care for all that He has made.

As Christians we believe humankind has been given ‘dominion’ over creation (Genesis 1.26); in other words, we are to rule on God’s behalf, demonstrating our responsibility of stewardship to care for His creation. Creation care is also an issue of justice since all humanity is created in God’s image. Might our biblical call to look after the oppressed and to love our neighbour as ourselves be reflected in how righteousness and Christian responsibility calls us to be activists for justice? We cannot ignore those who suffer because of our irresponsible actions. It is always the most vulnerable who are victims of famine, drought and crop failure, which the Western world is making worse by the effects of climate change.

The Archbishop of Canterbury, Justin Welby, has said, “Responding to climate change is an essential part of our responsibility to safeguard God’s creation” and “Reducing the causes of climate change is essential to the life of faith. It is a way to love our neighbour and to steward the gift of creation.”

Indeed, “To strive to safeguard the integrity of creation, and sustain and renew the life of the earth” is The Fifth Mark of Mission, adopted by the Church of

If you have been married or have been involved in a baptism or funeral in the benefice, we would love to include a report in a future issue.
Send any information to efltrident@yahoo.com

England General Synod in 1996.

This is what the Church of England currently states on their website:

“The environment is God’s gift to everyone. And we have a responsibility towards each other to protect it. We cannot think of ourselves as isolated from others or from creation. Our impact on the planet is reducing biodiversity, changing the climate, and polluting the earth. Around the world, climate change is affecting food security, creating social vulnerability, and disrupting peace and security. There is no doubt we need to act.”

None of us will ever be able to do everything, but each of us can do something to make a difference. God includes us in his plans and can take our small efforts and knit them into his purposes to sustain and renew the earth. My prayer is that we will act now.

Tina Watson

News from Church

Update on the vacancy - Re-advertising for a new Rector

The Benefice Council recently made the decision to re-advertise on the Church of England Pathways website. This is now live. Please pray that the right person will be guided by God to make an application. The schedule is as follows:

Advertisement: 8th June – 3rd July

Short-listing: Tuesday, 14th July

Interviews: Wednesday, 29th July (provisional, depending on lockdown situation, ability to interview face-to-face, etc)

Revive

Our youth group Revive continue to meet weekly on Zoom, which will be continuing until the end of the school term.

Prayer during the Day - Thursdays and Saturdays at 12 noon

During Thy Kingdom Come a good number of people from our congregations met daily to pray. This is something we have decided to continue, to give the opportunity to meet together twice a week (Thursdays and Saturdays at 12 noon) via Zoom to spend time together with God.

All are very welcome to join when you can (you will need a Zoom invitation). If you would like to be part of these prayer events and haven’t received a Zoom invitation please contact the benefice office at efloffice3@gmail.com

Home Groups

As we haven't been able to meet in groups physically since the lockdown, some of the home groups have been meeting regularly via Zoom these last few months to share fellowship and study relevant Biblical themes to these challenging times we are facing, both personally and globally.

Some home group members are now joining together as virtual groups studying new online courses from Agape.

The 'Alpha' home group (the newest group which grew from one of the Alpha courses) is following the 'Connect' course and the other home groups the 'Online' course.

During this time when we are not able to meet as churches, joining a home group via Zoom is a great opportunity to keep in touch with others and to nourish your faith. Please let Tina know if you would be interested – all are welcome! (eflooffice3@gmail.com)

Tina Watson

Hire - St Martin's Church

The Church is suitable for concerts, craft shows, quizzes, sales, coffee mornings. Tea Station for serving drinks. Mugs, plates, glasses available. Toilet, tables and plenty of chairs. Centre of the village.

£15 per hour for regular bookings or £20 for an occasional booking

Contact the church office on 863050

Hire - Olive Seal Hall

Children's parties in the Hall. Clubs Meetings

Kitchen with coffee, tea, sugar available. Toilets Some parking

Regular bookings £7 per hour One off - £10 Contact Linda on 866407

St Martin's Churchyard

Several people have grassed over the graves of family members, thus enabling the groundsmen to cut the grass regularly. It is beginning to look so much better, cared for and loved in St Martin's Churchyard. Please consider whether you could make it easier for others to care for and maintain yours in the years to come. If you would like advice and help to organise, level and grass it, please contact the Benefice office 863050, or email eflooffice3@gmail.com

Eynsford Baptist Church

“FEAR NOT”

Despite our beautiful spring, a virus has gripped the world with fear. I was plagued by fear from an early age and the fears increased as I grew up. I managed them by avoidance, but it was life limiting.

The fearful child grew into a fearful woman, but fears for our children became increasingly difficult to manage until I heard about Jesus Christ.

It was understanding the enormity of what the love of God accomplished through Jesus on Good Friday and Easter Sunday that set me free from my fears.

This little story demonstrates the love of God towards a fearful child.

A young boy and his dad were traveling together in the car - suddenly the lad began thrashing his arms about, yelling and crying – he was absolutely terrified. The man calmly extended his arm to his son, gently unclenching his fist to reveal a dead bee - the sting was clearly visible in his palm. “Don’t be afraid, I’ve taken the sting for you - it can’t hurt you anymore.”

As Scientists continue trying to find a vaccine that beats the virus, let’s remember Jesus’ words: “Fear not, I am always with you”. His shed blood is the vaccine that shields us from all fear, including the fear of death.

If you are experiencing anxiety at this time, please think about emailing or phoning a leader from one of the local churches.

In the wonderful name of Jesus

ET

Fear not, for I have redeemed YOU;

I have called YOU by name,

You are MINE

Please take a look at our website - lots of interesting snippets - and if you have anything for our community gallery please do send it in. <http://eynsfordbaptist.org.uk/>

A walk in the countryside .

I wonder how many of you have spent more time in a garden or going for a walk in the countryside recently. We have certainly seen far more walkers along our lane in Well Hill and were amazed at the number of people in Knole Park this weekend. One of my first memories of Garden was visiting



my Grandparents in Orpington . They had a what seemed a mystical garden with gnome supporting a sign stating : “The Kiss of the sun for pardon . The Song of the birds for mirth. One is nearer God’s heart in a garden than anywhere else on Earth”. I salvaged this sign from their house clearance and still have it in my garden today, all be it a bit weathered now! There is a real therapeutic effect from enjoying and experiencing God’s creation . This is not surprising and should be encouraged. As the Bible tells us in Psalm 19:

The heavens are telling of the glory of God;
And their expanse is declaring the work of His hands.

² Day to day pours forth speech,
And night to night reveals knowledge.

³ There is no speech, nor are there words;
Their voice is not heard.

Can I encourage you today to take some time to listen to what God is saying to you through his creation , maybe offering a prayer of thanks for the beauty of his handiwork.

Please Join us for our "Virtual meetings"

You are very welcome to join us for our virtual meetings during the current lockdown situation . With the wonders of modern technology we are still meeting in a " virtual " way with the use of a PC/ tablet or if you haven't a computer you can just dial in using a normal telephone . You can find out more by looking at our website : <http://dvcc.moonfruit.com/> or by contacting me by phone or email : dvcc.pastor@outlook.com Tel : 07908 045445

Every Blessing

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Darent Valley Community Church



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Happy new month. Let everything that has breath praise the Lord psalm 150 v 6. It was good to speak at the BLM event organised by the youth. Izzy and the team did very well. Thanks to God for the strength of the youth. My prayer for them is that they would know the Lord in the time of their youth. All lives matter to God

Please try this bible quiz everyone

All the answers are in the bible

1. Who made the first rainbow?

Ans Genesis chapter 9.

2. What must we do if we want to live long

Ans Ephesians chapter 6.

3. Who is my neighbour?

Ans Luke chapter 10

4. What must I do if I want to enter the kingdom of God

Ans John chapter 3.

5. How many times must I forgive someone?

Ans Matthew chapter 18.

6. What are the armours of God?

Ans Ephesians 6

7. How many days did it take to create the world?

Ans Genesis chapter 1

8. The ten commandments can be found in

Ans Exodus chapter 20

9. Who killed the first human being?

Ans. Genesis chapter 4

10 The last book of the bible is?

Ans Check your bible.



Beryl Jesslyn Johnson

Beryl sadly passed away on the 18th May 2020 at the age of 88 in Poplars Nursing Home with both her daughters by her side.

She was married to Aubrey in 1956 who passed away in 2016. They lived in Eynsford for over 60 years, where they bought up 2 daughters Alison and Karen. She also leaves 4 grandchildren and 4 great grandchildren who she adored.

In the early years, Beryl and Aubrey enjoyed their ball room dancing - 'Strictly' had nothing on them! They went to Blackpool and gained their silver award before Alison arrived in 1957. After this they enjoyed their dancing in Eynsford Village Hall at the May Ball, New Year's Eve etc.

Beryl also attended Eynsford WI and helped out at the Sunday School and church. She even tried her hand at flower arranging. She loved the village life and supported where she could. She was a village post lady for many years and loved to talk to all the children. Previously she had worked at the MOD, typing in the London office.

She had a passion for walking holidays in Scotland and Wales, and later in life discovered that there were other places in the world. They heard about Jan Thompson's group visits to Israel and joined the group. They so enjoyed it that they joined tours to Malta, Tunisia and finally China.

Beryl worked hard all her life for her family. Unfortunately, as she got older she lost her independence and went into a care home 18 months ago due to dementia and other health issues, and lost her love for life. She will be laid to rest in St Martin's churchyard on 19th June 2020 with Aubrey. God Bless them both.

Karen and Alison

I have nothing but lovely memories of Beryl. Her beautiful smiling face. The cheerful lilt in her voice. She was a friendly and helpful neighbour over many years. Even in her latter years., Harry and I always received a warm welcome at her door and were given a cup of tea, and a handful of dog biscuits! Beryl was generous to a fault and faithfully collected for charities like the RNLi and Christian Aid. She loved children and helped out at St Martin's Sunday School. We were glad to have her in our church group, until it got too dif-



difficult for her to leave home. She was fun to take on my group holidays: she really appreciated seeing new places and was game for anything. No-one who was there will forget Beryl's camel ride amongst the sand dunes of the Tunisian desert.! It was so good to know Beryl. I have such lovely memories to cherish.

Jan Thompson

Mary Christine Wright 6th October 1947 – 21st May 2020

Mary was born in Woolwich and lived in Eltham for the whole of her childhood and until the age of 22 when she married Paul. She attended the Roper Street Church Primary School and then Haberdashers' Aske's Grammar School at New Cross. She originally intended to go to university but, having met Paul at the age of 16, she decided to go to the City of London College, and shortly after was appointed Medical Secretary to a Consultant at



The London Hospital, Whitechapel, where she remained until her first son, Adrian, was born in 1971. Two further sons, Simon and William, arrived in 1974 and 1976 and the family lived in Petts Wood until they moved to Eynsford in 1993. Mary devoted around 10 years exclusively to raising her boys, but in 1981 she took on a role in the family business. The next 30 years saw Mary rise from a part-time role to a full time Director of the company, retiring in 2011.

Mary never stopped supporting her family and home despite the very full time nature of her working life, but in due course the boys went to College and University, returned home for a while but then Simon & William married and 4 grandchildren arrived. She was extremely proud of her children and their families and liked nothing better than when we were all together for celebrations for birthdays, holidays or for any reason she could dream up. Sadly, Adrian died far too young in 2008.

Mary loved to travel and over the years calculated that she had visited all seven continents and over 60 different countries, many after her retirement in the last 8 years. Add to that the pleasures of London theatres, shopping and dining out and her diary was full. Despite this she allowed herself to be persuaded by Tim Boorer to become a Trustee of the Village Hall and soon after the Secretary to the Trustees, a role she filled with distinction for around 17 years. She also loved her home in Eynsford and spent many happy years planning and upgrading the house and gar-

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den. When in 2018 we decided to downsize, she spent the next two years making our new home and garden in Sevenoaks just how she wanted it.

Eynsford filled a large part of our lives. For a while three generations of Wrights lived there, Bill and Eileen, Paul and Mary, William and Kate and their respective families. Sadly Mary's illness meant she was unable to maintain her links there, something she regretted. She fought against the cancer bravely for over a year and achieved her wish to celebrate her Golden Wedding anniversary in April. She died peacefully at home, much loved and greatly missed by her family and friends.

Paul, Simon and William.

John Gallagher Born 1931 - Died May 2020

My husband, John Gallagher, sadly died on the 20th May. Many of you will not know him as although we have lived in the village for over 30 years, increasing health problems meant he had to give up most of his involvement in village activities, although he kept up his walks-with and without the dog- for as long as possible.

He loved Eynsford, to him it was the only place to live although he was increasingly aware that he had to give up things such as long walks, Probus meetings, pub lunches. He will be greatly missed but we are thankful he was able to continue living here for so long.

Olive Gallagher

Betty Alice Kennett 1924 - 2020

Betty Alice Kennett, formally Anderson, nee Sims, was born in Erith in 1924. Betty had a nice upbringing, loving animals, her favourite place to be was her garden shed which held her tortoises, fish, canaries, rabbits and her prized silk worms from Lullingstone castle. (her father had made her a spinning machine to collect silk thread from them.)

Betty went to school in Erith until war broke out in Sept 1939. Betty then took a job at 15, in Belvedere and attended night school to pass her Pitmans Shorthand. This led her to work at Knockholt M.O.D station, decoding Russian messages. She was always happy there, and showed she remembered some Russian when , at 80, she spoke in Russian to one of her granddaughter's tutors!

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After leaving the ministry, Betty joined the Land Army because of her love for the land and animals. There her story with Eynsford begins. She passed her test in "putting to" (the horse to the cart) at "Home Farm", Eynsford, then belonging to the Alexander family. She often mentioned riding through Eynsford stream on her bike! Her first working farm position was also at "Home farm" but in St. Pauls Cray. She was in charge of Nobby, a welsh cob. One of her adventures with Nobby was when a German "Doodlebug" bomb dropped into the field next to the one they were harrowing and showered them with soil! She had stories of all her land army days and loved all the work which included fruit picking, milking, ploughing, crop growing and livestock husbandry.

She met her lifelong friend, Lilian, in the land army and they had many happy times together including, with other girls being picked up by army lorries to go to the army dances. Betty and Lilian often went by train, with their bicycles, to Meopham to join the fun at The Kings Head. The train guards waiting for them as they rode down the hill to get the last train home. Betty and Lilian received their Womens Land Army Veterans badges in 2008 (Betty had served for ten years).



Betty married Don, a horse groom, and lived a country life having 3 children, 6 grandchildren and 7 great grandchildren. Don passed away in 1993 and Betty got another chance of happiness with Bob in 1998. Bob later died and then Betty came to live with her family for her remaining 6 years, with their horses, dogs and chickens in Knatts Valley. Eynsford was always a very special to Betty and we, her family, thought it fitting to place her floral tribute by Eynsford memorial.

Marion, Betty's daughter.

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ACE (Association of Camphin & Eynsford)



I cannot believe that a month has gone by since the last issue of Trident. It is a month with nothing to report as far as twinning is concerned. Plans cannot be put in place for future visits in such an uncertain world.

What is certain is that both villages continue to survive and flourish in many ways. I have been in touch with Bruno the chair of their twinning association to get a picture of how Camphin is coping. Here is his picture of life in Camphin at the moment:-

“For a few days now, life seems to gradually get back to normal in Camphin which remains a very pleasant village that people have had time to appreciate. Confinement is much easier in the country. The schools are open- for some classes only- but it shows some activities and shops being open too so you can meet people; though sometimes you can’t recognise them because many people wear masks (as it’s been recommended). The new Municipality (with the same mayor, Olivier was re-elected at the first round of voting) organised a free delivery of masks in the village and did a lot to help the few small shops of Camphin. Some associations have made masks that have been given to those who wanted, while others with the help of the municipality are preparing a new start and this is what we will have to do if we want to relaunch our activities.

Let’s be patient and stay safe, Bruno”

As soon as life is a bit more certain planning will begin for future activities. In the meantime I will keep in touch.

Gill Govus

PS: Have a look at our facebook page for a fun quiz to test your brain cells about our twinning!





Farningham Parish Council met via a video link on Wednesday, 3rd June 2020, and present were six parish councillors (including Sevenoaks District Councillor Philip McGarvey); Kent County Councillor Roger Gough, two members of the public and the Clerk Jane Gray.

New chair and co-opted member:

Liz Bourne took the chair for the first time and immediately thanked Daryl Burns for her three years in the role. Daryl will continue as deputy chair. Two members of the public stood for the vacant councillor position and Latif Oztosun was duly co-opted. A lecturer in travel and tourism with skills in maths and computing, we are delighted to have Latif on board.

Friends of Farningham:

Finally we are sufficiently clear of the Covid-19 virus threat to start our Friends of Farningham season – with appropriate social distancing. As the lockdown slowly eased some of us were able to get out and do a few small jobs in the village so hopefully the weeds on the bridge and at the village hall will not be as robust as they could have been. Unfortunately some of our recent visitors to Irving's Corner have not fully respected the area so there is work to do there. Our first meeting will be on Saturday, 4th July, 10am at the village hall. We are usually together for an hour to tidy up footpaths, pavements and our green spaces and if anyone has a particular area for our volunteers to work on please advise the Clerk. We will meet again on Wednesday, 15th July and subsequently on the first Saturday in the month and so on. August dates are 1st and 12th, September 5th and 16th and October 3rd and 14th. New members will be welcomed with open arms (albeit two metres apart); nothing too strenuous but it all benefits our village. Please bring your own gloves and any light gardening tools you use at home.

Alban Crescent:

We have had many favourable comments on the improvement to the grass area in Alban Crescent, all courtesy of a resident who kindly volunteered to mow and clear the area. Grass cutting has been one of the many problems for Sevenoaks District Council during the lockdown period as priority went to maintaining our weekly household rubbish clearance. It is good to see another local resident giving of their time and lifting the spirit in the crescent. Another Alban Crescent resident told us SDC have supported this initiative by following up instances of damage to the grass caused by car parking and there has also been some police follow-up to complaints about dangerous parking at the entrance.

Road works:

Kent County Council's Roger Gough reported that further work to alleviate flood problems had been carried out at Button Street and Eynsford Road with good progress. More work is needed on the soakaways in Button Street and further investigation into a blocked chamber under the green in Oliver Crescent may help the Eynsford Road situation. Apart from the odd hiccup, KCC are satisfied with the efficiency of the on-line booking system instigated when the Swanley Household Waste and Recycling Centre was finally re-opened. Farningham High Street was closed at short notice in early June for Thames Water works aimed at ending the flooding in Lion Cottages and the entrance to the Mill Estate.

Regular updates:

If you would like more regular updates from Farningham Parish Council they are available on Facebook, Twitter or by email. For email updates please contact the Clerk at farninghamparishcouncil@gmail.com to be added to her circulation list; Facebook link is www.facebook.com/farninghampc; Twitter @FarninghamPC

Speedwatch:

This will be up and running again soon in the constant battle against speeding drivers. The more volunteers the better so if you are interested in working a roadside speed gun please contact the Clerk.

Dog waste bins:

As well as using the dog waste bins, owners have been placing dog waste in the SDC street litter bins for some time now. There have been no reported problems following the fire-enforced removal of the bin in Cinder Path and we will therefore be removing all the dog waste bins in July. Thank you for your co-operation; sadly there has been an increase in dog fouling since lockdown rules were relaxed and there are still anti-social owners who selfishly throw their plastic bags of waste into the grass on Sparepenny Lane and along the river path.

Shopping centres:

Many Sevenoaks Town Centre and other's shops are now re-opening. Although free parking continued on-street and in SDC-owned car parks for the past three months this was to be reviewed by SDC on 22nd June, so do read the signs before you park (especially in Swanley because SDC owns only the little car park in Park Road off the High Street).

Our next meeting is scheduled for Wednesday, 1st July 2020, 7.45pm in the Farningham Village Hall with a break for public participation at 9pm. Should it be necessary the meeting will be conducted remotely via the Zoom website and details will be displayed on the noticeboard at the village hall and be available from the Clerk.

Cllr. Carol Salmon

Eynsford Parish Council

The Parish Office, Priory Lane, Eynsford DA4 0AY
01322 865320, info@eynsfordparishcouncil.org.uk

Eynsford Parish Office is open Monday, Tuesday, Wednesday and Thursday. Please telephone first to ensure someone is there.



In spite of the covid-19 restrictions, it's been pretty much business as usual at Eynsford Parish Council. At this time of year we elect the chair person for each of our committees and this year we had the added task of electing someone to chair the whole council. As reported last month, Theresa Durant stood down creating this vacancy, and I can now report, that for my sins, I have been elected as Chairman. The others elected into post are Geoff Kirby - Highways, Alan Cooke - Recreation, Ferne Haxby - Community & Environment, Malcolm Richardson - Planning and Sarah Boyle - Vice-Chair of the Council.

We do still have the one vacancy for a councillor and are hoping to fill the position very soon. If you want to serve your community and make a difference, please put yourself forward. No experience is necessary, just a willingness to get things done; we need you.

Very important news regarding the Sevenoaks Local Plan was released last week. The High Court has granted Sevenoaks District Council permission to bring a judicial review challenge over the conclusion of the planning inspector who examined its draft local plan and found that it had failed to cooperate with neighbouring authorities. This is a major step for Sevenoaks and important for planning matter across the district.

Sadly, the parish was in the news recently with the tragic death of Mr Charles Hilder at Lullingstone; our thoughts are with his family. Kent Police are investigating and seeking information regarding two young male suspects. If anyone has any information, however inconsequential it may seem, please do report it. The police say there is no evidence suggesting the suspects are from any specific area or social group.

The Parish Council have also been working with Laura Trott MP, Roger Gough our Kent County Councillor and representatives of Kent Police and Sevenoaks District Council to resolve the anti-social behaviour issues in the village, particularly the Riverside area. As a first measure we will be installing a series of signs reminding visitors and locals of the behaviours we would expect from them.

Finally, last week I attended the Black Lives Matter event at Common Meadow. The event was a peaceful and joyous occasion, in support of the global organisation so much in the news recently; the organisers and supporters were a credit to our community; thank you. *Philip Ward, Chair*

Useful sources of Information during the Coronavirus Pandemic

UK Government <https://www.gov.uk/coronavirus>

NHS <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Sevenoaks District Council https://www.sevenoaks.gov.uk/info/20069142/coronavirus_covid-19

Eynsford Parish Council https://www.eynsfordparishcouncil.org.uk/page-coronavirus__covid_19__support_area.html

Kent County Council [https://www.kent.gov.uk/social-care-and-health/health/coronavirus?
utm_source=kcc&utm_medium=homepagealert&utm_campaign=covid19](https://www.kent.gov.uk/social-care-and-health/health/coronavirus?utm_source=kcc&utm_medium=homepagealert&utm_campaign=covid19)

Age UK <https://www.ageuk.org.uk/sevenoaksandtonbridge/>

Fundraiser Needed!

The village hall is looking for someone to co-ordinate fundraising in respect of the new village hall (once planning has been obtained). It would be useful if you have had experience of fund-raising activities, applications for grants, approaching potential donors and developing methods for raising funds.

Our target presently is to raise £900,000 for the new village hall and the re-arranging of the football pitch - both on Harrow Meadow. It is difficult to estimate the time commitment although some time would be needed between Monday to Friday in order to keep in touch with organisations during opening hours. However such hours can be discussed and estimated.

This is an exciting project which would suit an energetic retiree or part-time worker. We already have a dedicated group of people from the hall trustees and Eynsford Parish Council available to carry out the individual roles which you would be coordinating.

If you are interested please contact James Staniland on [07870688865](tel:07870688865) or James_staniland@hotmail.com, or Alan Saunders on [07939 244347](tel:07939244347) or alan@robins.f9.co.uk who will provide more information.

Malcolm Richardson



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Hello everyone, another isolated month in lockdown has rumbled past. I really don't know where the days go, but go they do. I have established a routine now with a daily task to achieve (usually done but there is always tomorrow, there are so many of them!). The garden is looking lovely and most of the jobs in the house have been completed too. I Escape from Country to Chateau to Ambridge at least once most days; I have emailed many of those whose Xmas cards deserve greater attention than the usual annual response; I have re-read "Great Expectations" and the new Joanna Trollope novel (my secret guilty pleasure) received from my daughter on the Isle of Man for my lockdown birthday in early May. I also much enjoyed a delightful film "The Lunchbox" which could still be on catch-up if you can find it and take a look.

However, I have failed to get to Puglia, Oberammergau, Marseille, Isle of Man twice, and may not yet manage the Scottish Highlands in late July though Easyjet have said they will commence domestic flights in mid June but will the hotel be open? The Isle of Man shut its borders firmly on CVday 2 and though they are now relaxing their regulations at home, opening the borders is expected to be one of the last things they do so I might yet fail to get there a third and even fourth time at Xmas. It is touch and go whether EynsfARA will get to Vienna in September, or ever meet again until a vaccine is found. Sorry this is all about me; haven't seen too many others!

How did we all do in the Quiz last month? In last month's Trident, Jan Wilkes gave us all the answer to at least one question, which I found a hilarious coincidence.

Here they are:

1. Grandson of Sir Thomas More who was Chancellor to Henry VIII;
2. Graham Sutherland in the early 1930s;
3. kennels for hunting hounds;
4. 2005 against Sheriff Hutton Bridge, Yorks (and lost but only just!);
5. 11am and 12noon (restricted parking on yellow lines = tickets);
6. the mosaic on

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school fence; 7. Be prepared; 8. Raffertys;
9. C. Ross-Parker lived at The Denes, Pollyhaugh; 10. Devon;
11. tomb of Alexander Pitcairn; 12. Peter Warlock and EJ Moeran;
13. 2015; 14. A225; 15. Princess Anne; 16. On front wall of Village Hall and
means Ready to serve, Hold your faith; 17. they are all Norman; 18. Upper Aus-
tin Lodge, now a private house in the former Austin Lodge Golf course Club-
house; 19. Outdoor on Furlongs Farm; they are all the lead roles in Riverside
Players' outdoor productions of 1991, 1995, 1999, 2003, 2006, 2009; 20. 20

I hope this was an enjoyable challenge, not too taxing and a bit of fun. Can I find a Farningham resident willing to produce us one from that end of our community (Joe Irwin springs to mind, sorry Joe, your wit gives you the memorable edge!)?

Sally Coston, Chair EVS 866102/sally.coston@btinternet.com

Axstane Players - Farningham

So how do you keep a drama group running during lockdown? You can't meet, you can't rehearse (can you imagine trying to rehearse a play on a village hall stage whilst maintaining a 2 metres distance??) and in some cases you can't even source play materials (though it's not quite as difficult as getting toilet rolls or baked beans or flour!)

We started lockdown with the disappointment of having to cancel our summer production of Little Shop of Horrors. But the show must go on so did we sink under disappointment? No! We set up some zoom play readings initially to read the script of the play we had scheduled for October and then for some other plays. We also put online for members some recordings of previous productions and sent out to members a couple of quizzes. And to prove that it's not all play we held a committee meeting via Zoom though we have had to postpone our AGM for the moment

We hope, safety of members and audience being paramount, to start rehearsing in November for our 2021 pantomime Aladdin - but as with everything else at the moment that's dependent on government advice and the progress of the enemy Covid-19!

We just wanted to assure you that Axstane Players are still here, still planning for the future and we will be back, the show WILL go on ... and we hope to see you there. Stay safe everyone.

Brenda Barker

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Lockdown 2020

Lockdown is upsetting,
I don't get to see my friends.
Studying all day,
Home schooling never ends.
I'm confused and I'm worried,
Don't know what's going to happen.
Mum and dad work for the NHS,
And every Thursday we go out clappin'.
I stand on the front step,
With my pan and spoon.
I keep on thinking,
Will it be better soon?
Lockdown is so long,
I want to have some fun.
Every day I think of my friends,
We could be playing in the sun.
When I see my family,
I want to run and give them a hug.
But now we have to social distance,
So we don't spread the bug.

By Jeevan Birring Aged 8

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In the Von-Trapp style..... So Long, Farwell, Auf Wiedersehen, Adieu!



‘Just one year...’, I was told! Just run the club for one year so that Mr Chairman can have a break. Well Mr Gee, you well and truly had one over me ... oh yes. Six, seven or perhaps even eight years later (almost 32 shows) and I am still the Chairman of Eynsford Gardeners’ Club and did Mr Gee step back in as chairman, NO! SO, MR GEE, I only have one thing to say thank you!

As you might already know, Jo and I will be moving away from Eynsford to shores a new. We shall shortly cast off, depart, fly the nest, exit stage left and head away from what we thought for 15 years was to be our forever home (too twee?). This means that we must set adrift from the club that we have enjoyed running (together with the committee of course) and set a new course (I have no idea why this had taken a nautical turn, its nowhere near the sea). Jo will put away her baking tins as we step aboard the good ship Gloucestershire looking into the distance to a new future.

OK, enough of this, we are off and EGC will carry on being the fun, slightly unhinged club that we all love. The committee is made up of great people with knowledge, experience, love of all things green and veggie or bright and flowery and with an unerring knack of always knowing where you can get a good glass of wine (go figure?). I can’t begin to tell you how much fun we have had being part of EGC; the people we have laughed with, the shows we have held, the truly astonishing support that we had had and all that against the back drop of the beautiful fields around this great village.

Jo and I would like to thank everyone who has helped make the club run as smoothly as it does (stop laughing committee), everyone who joined in to make our events so amazing and everyone in and around the village that have added to and made our time here just so fantastic!

Goodbye, good luck, keep safe and happy growing.

Jason

Thank you & good luck in your new ventures Jo and Jason, and here’s to many more successful years for EGC! Ed

The Eynsford Green Team

Welcome to the Eynsford Green Team. Councillors from the Parish Council have joined up with residents, Jane Laird, Theresa Durrant (our ex chairman of the Parish Council), Kirstie McMillan and Kaz Langridge to look at ways we can all care more for the village and improve our green footprint.



Antony Roper School is also very interested in keeping our village green and working with them we asked for some ideas of posters and a logo for the team. We had some fabulous ideas and Nate Morgan's design has been used for our logo. Well done Nate! Alex Carter and Ellie Hatton also put forward ideas for ensuring we use plastic wisely and our rivers clean and we were so impressed we want to use these too so watch out for the posters with our posts. What very talented children we have in the village, thank you so much Nate, Alex and Ellie.

Over the next few months, we will be putting out messages to remind everyone of what they can do to improve the lives and well being of the village through being greener in the choices we make.

A couple of points to start us off –

We are collecting empty crisp packets and whilst our businesses are not functioning as openly at present, you can drop these off at the Parish Council Office in our green wheelie bin outside the door. As you will recall, we will be sending these off to the Air Ambulance Service who can send on to recycle and gain much needed funds.

People have also commented on the number of plastic gloves that are being deposited around the village. We all have to take extra special care at the moment to stay safe but please do not discard plastic gloves on the ground. They can be put in the bins or dog poo bins around the village or even better, taken home to discard and of course remember to wash your hands afterwards. Plastic gloves are a danger to all wildlife as well as being a hazard for all.

We look forward to sharing our messages with you and if you have any ideas or would like to be involved with our work, please contact the Parish Council Office, we would love to hear from you.

Ferne Haxby
Chair of Eynsford Green Team

Farningham and Darent Valley Probus Are We There Yet?

You guessed correctly, there have been no Probus meetings during this last month. So that is the end of the news.

(Put pen in top pocket, pretend to log off on the computer keyboard, shuffle blank papers, say goodnight and smile embarrassingly at the lingering camera.)

It could be that since compiling this Probus non-report, there will have been announcements giving us dates when we will be allowed to meet up again but not as I write. However, at this time we have been told the date when we can go shopping in non-essential stores.

Being called non-essential is a bit of a put down and rather unpleasant in any walk of life (although I have become used to it) but I think it's particularly hard on some trading premises. Think about clothes shops. Since the shenanigans in the Garden of Eden, and considering the laws of the land, clothes have become pretty essential and to be sure that I am properly dressed I will be very happy when my personal stylists, Julian and his friend Sandy at 'Man at Millets', become available once again. Yes, I'm very much looking forward to the store's grand reopening. I will be queuing at midnight to be first in line to buy the latest amazing trousers with horizontal zips half way down the legs. You must have seen them. A quick twist of the wrists to undo the knee zips and the trousers miraculously become shorts. They are essential for when I do my Bucks Fizz impression at karaoke.

Shoe shops are also essential non-essential outlets. Everyone needs shoes. Try getting about without them, especially on the dog-walking routes around the villages. It's a messy business.

These store reopenings could lead to big changes in what has now become commonplace. There will be fewer used Amazon cardboard boxes, the ones with the smiley motifs, left out across our pavements for collection by the refuse teams each week apparently vastly increasing their workload. During the High Street lockdown many households have had to rely on goods being delivered. Amazon delivery drivers have become used to delivering correctly to our address regularly whereas Hermes drivers have become used to waiting for a rainy day and throwing our goods over a neighbour's eight-foot garden wall. A new twist on pass the parcel but not good for the fragile package or the fish in the pond beyond. Although I don't have any fish, maybe I should order some fish food which would inevitably find its way over the neighbour's wall and into his pond. It would be a direct to site delivery saving him the job of going out to feed his fish and thereby avoiding the risk of being struck by flying parcels.

Joe Irwin

Keep Calm and Carry Om...

On May 21st Reyoga hosted an evening for personal and local wellbeing. 'Keep Calm and Carry Om' was a response to the Covid crisis. Not only does Covid pose a threat to our physical and mental health, but through lockdown and isolation, it has deeply effected both the livelihoods and quality of life of us all. Some group are particularly badly effected. Through Keep Calm Carry Om we gathered together and turned our focus on these challenges. We practiced yoga and attended to our own holistic health and raised desperately needed funds for West Kent Mind, DAAVS, Friends for Families and Age UK Sevenoaks.

There was no need to have practiced yoga before - and indeed many participants were complete novices. I'm pleased to say the response was fantastic. Most joined from our local area but the nature of Zoom meant we had some as far as Los Angeles. Well, it is a global pandemic....Our evening raised over £1000 for these 4 local vulnerable groups. People who joined from afar were encouraged to support their own local charities. Thank you Eynsford and Farningham!

Susannah McCarthy, Reyoga, Eynsford



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How Yoga led us to Art..

A few years ago, I started attending a local yoga group (Reyoga). New to the area, I was keen to meet new people and soon made a few friends from the class. Whilst chatting one evening after class, we discovered that we all had a mutual interest in art, both seeing exhibitions and producing it ourselves. We decided to meet occasionally, at each other's homes, to draw and paint whatever took our fancy. Thus, began our "Art Club"!

In the beginning we enjoyed some challenging experiments. For example, drawing in a collaborate way: here we each started to draw the same arrangement, but every 5 mins moved around to add to our neighbour's drawing until we contributed to every drawing in the room. This interesting exercise made us more aware of each other's style and use of material – as well as removing the responsibility for our "own" drawing! We selected a variety of topics to draw; if the weather permitted, we drew outside, pictures of trees or the plants in each other's gardens. We have also tried portraiture, but have found still life to be the easiest subject to arrange.

Our group grew from four original members to now six. Our meetings are not confined to Eynsford; last year, we attended a workshop session at the National Portrait Gallery. We were asked to imagine and then draw modern-day costumes on the women featured in some of their eighteenth and nineteenth century paintings. A fun challenge – and in the tradition of our meetings, we all enjoyed a glass or two of wine afterwards!

Last summer saw us setting up stall on the Eynsford Cricket Club's hallowed ground, as part of the Eynsford Gardeners Club 140th Big Summer Birthday Bash. Some of our best work was on display and we had hoped to offer our own workshops to visitors, but were surprised to find how many were reluctant to even try to draw, despite a long desire to. It seems that some past experiences may have put people off, leading them to think that they could not draw, which we thought was very sad. We also staged a children's art competition and found that kids were much happier to get involved than parents! The lucky winners were presented with some art materials.

The Lockdown has of course meant that we have had to adapt our meetings and go online through Zoom. Artist Grayson Perry's recent programme "Art Club" on Channel 4 also gave us inspiration to keep meeting. Each week we would take the theme of his most recent episode - "Animals", "Fantasy" and "Britain" were a few examples - and pledged to produce something of our own for our next week's meeting. "Fantasy" seemed to be the most inspiring;. As for the future, we have talked about the possibility of staging an exhibition of our work, but of course that will be a project for after the Lockdown. In the meantime, we will keep on drawing, and experimenting - our most recent challenge is to master the fine art of Lino-printing..... *Anne Marie Fereday*

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“This little Guiding light of mine, I’m gonna let it shine”



The Brownies have been “keeping their Guiding light shining” during lockdown, with activities provided to them to complete as and when their circumstances allow. You may have spotted stones (or in some cases posters) bearing “positive” messages from the Brownies. Various girls have also embraced the #WindowWellness campaign to raise a smile through window decorations, many with a Rainbow theme in support of the NHS. One enterprising Brownie even placed outgrown books at the end of her driveway with a collecting jar to raise money for the NHS.

Just before face-to-face meetings were suspended, the Brownies made tissue-paper sunflowers for mothering Sunday, and also planted a dwarf sunflower seed each, to grow at home and encourage pollinating insects into village gardens. The first flowers have now opened, and bees are buzzing around them. Brownies have also been making bug hotels ready to accommodate such welcome “guests” over the winter, and will be undertaking a mini-beast safari.

Over half term we invited the girls to a “Camp At Home” with shared menu, activities and campfire programme. Some camped outdoors in tents, others made improvised “dens”. Some tried “eggy bread” for the first time (apparently it’s good with Nutella). We enjoyed hotdogs, smores (prepared by various ingenious smokeless means) and chocolate bananas...and for their main meal girls had to come up with (and help cook) their own choice of meal *suitable* for cooking over a wood fire. Menu choices included: chilli/rice, tuna/pasta, homemade burgers in home-made muffins (cooked in a skillet)...

In these times where many are facing hardship, we have asked the Brownies to consider the staggering quantities of still-edible food that gets wasted each year, and how various charities are working to recover this food and redistribute it to the millions of UK citizens who go hungry each day, even under “normal” circumstances. Girls have worked with their families to devise a home food-waste action-plan, and have been experimenting with making meals using safe leftovers that would otherwise be wasted, supplemented by “storecupboard” ingredients. Judging from some of the photographic “evidence”, these Brownie “Food Waste Heroes” have acquired some valuable life skills.

All in all, we’ve been keeping busy, but are looking forward to actually being able to run around together again some day.

Brown Owl – 2nd Farningham & Eynsford Brownies

You can follow our exploits on Twitter @2FEBrownies

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Lullingstone Country Park *up and coming events!*

Due to Covid-19, we currently have no planned events.

Lullingstone Country Park Car park and toilets are now open from
8:30am-20:30pm

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A Zero Waste Recipe from Ann Storr

Warm feta and tomato sauce

Serves 2-4

Ingredients

4 tablespoons olive oil
1 x 400g whole tinned tomatoes
2 pinches dried oregano
1/2 teaspoon ground coriander
Leftover feta (up to 1/2 a packet)
1/4 - 1/2 teaspoon smoked paprika black pepper

Tools

Frying pan, Lid for frying pan, Wooden spoon, Bowl, Measuring spoons/
teaspoon, Chopping board and knife (if cutting up pitta bread), Toaster

To serve: pitta breads, toasted and dipped. or flatbreads, or plain tortilla chips

Prep

Empty the tomatoes into a bowl and crush them with your hands

Method

Heat the oil until it is **just** beginning to smoke. Pour the tomatoes quickly and place the lid on immediately

LISTEN; as soon as the sizzling dies down, take the lid off. Add the oregano & coriander

Simmer for 10 minutes (Simmering: not quite boiling, just how you want a tin of soup to heat)

When the 10 minutes are up,, start toasting your pitta breads/warming wraps. Add the feta to the pan and stir gently. When the cheese begins to melt remove from the heat and crack black pepper all over

Serve with breads/tortilla chips

Ann Storr

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NOTICES & LETTERS

Online fundraiser concert for Sevenoaks Refugees

Tickets available for this online fundraiser concert for Sevenoaks Welcomes Refugees on Saturday 27 June at 7:00 pm.

This year we have a double bill featuring the sublime and moving music of Ayman Jarjour (guitar) and Maya Youssef (qanun), two world-class artists both originally from Damascus. For more details and to buy tickets visit Eventbrite.com and search for Sevenoaks Refugees..

The money raised will help support vulnerable Syrian refugees rebuilding their lives in the Sevenoaks area, as part of the UK Government's Resettlement Scheme.

Re: Digital Trident

Following my last note in Trident: Thank you Holly for pointing out that this can be downloaded in A5 format and a BIG Thankyou to John Friend who provided a downloaded copy in its entirety for my non-computerised subscriber!
Lee Mullins

The Roper Charity - Farningham

The Trustees wish to announce that they will once again be making available modest financial grants in support of students who are resident in the Parish of Farningham and who are undertaking (or about to undertake) a full time degree course at university. Any such funding is primarily in recognition of the high costs of books and/or equipment which applicants are likely to encounter in pursuit of their studies.

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The school looks a very different place at the moment; all the classrooms have been converted into bubble spaces for between 7 and 10 pupils to allow for social distancing, all soft furnishings have been



removed to reduce the risk of infection, all resources have been restricted and children are using their individual pencil cases, there is a one-way system around the building and the field and playgrounds have been demarcated into play zones.



Three marquees were erected on the field to allow space for outdoor learning and for eating in inclement weather. All was going really well until the tent blew down – a large gust of wind sent it sailing up over the fence and into the school garden. ☐ We need to erect another one soon!

Children and staff have been decorating the school fence throughout the lockdown period. Hopefully, when you walk, cycle or jog past the school it will make you smile.

Marie Spencer



Eynsford in Bloom



As the Corvid-19 lockdown has been relaxed we have resumed our work parties : 9.30--11.30 am Tuesday mornings , 6--7pm Thursday evenings and 9.30--11.30am on the first Saturday every month . New volunteers would be very welcome . We now bring our own tools , gloves and hand sanitizer . We meet in the main car park opposite St . Martin's Church and disperse to different sites .

Adam Bailey pruned the silver birch tree in the tub adjacent to Ford House to prevent damage to the roof tiles . Adam will return in the autumn for further pruning of the three silver birches .

At the war memorial the winter bedding plants have been removed , and fertilizer forked into the soil with hand forks . The watering system has been checked and is working . To celebrate 75 years since the Victory in Europe during World War 2, red , white and blue plants have been used for the formal bedding .

Carole and Colin have removed the winter bedding plants and planted the summer bedding in eleven tubs around the village using red and white geraniums , blue trailing lobelia and white bacopa . They have also been weeding , pruning and maintaining the sites around the station area . Thank you .

The winter bedding has been removed from the three tubs and front borders at the main car park . Fertilizer has been hand forked into the soil before red and white geraniums were planted . Two volunteers started the pruning of the shrubs and sycamore hedge and it will be continued during future work parties .

Two work parties have given 28 hours work in the village hall drive . The annual fall for the holly leaves has started early this year , possibly due to the dry May . These leaves are very prickly but have to be removed , along with twigs , weeds , the large grass and spreading violets . The soil was hand forked and four areas planted with polyanthus . In front of the village hall the two mangers have been emptied , the border tidied and the hedge trimmed .

Next to the long footpath in St. Martin's Church yard polyanthus and Thalia Narcissus have been planted . The Rose Garden needs the grass edges trimming frequently . Four volunteers worked for 30 minutes to dead head and tidy the roses . Recent rain meant it was not necessary to water plants on Thursday evening so the ivy , completely covering a grave , was removed

by the three volunteers .

I have visited three gardens to look at orchids on their lawns . They had 4 , 24 and the third had a large number very scattered . All were Pyramidal and are not yet in full boom . Bird's- foot- trefoil is growing in Eynsford Rise verges . The house martins have rebuilt their nests . For the next four weeks we will be enjoying the longest days of the year .

All work parties meet in the main car park opposite St . Martin's Church . Volunteers need to bring their own tools , gloves and hand sanitizer .

Future work party dates :

Tuesdays. 9.30---11.30 am June. 16 , 23 , 30 July. 7 , 14 , 21 , 28

Thursdays. 6---7 pm. June. 18 , 25. July 2 , 9 , 16 , 23 , 30

primarily for watering during dry weather

Saturdays. 9.30---11.30am. July 4 , August 1st

Keep safe . *Pauline Penney. 864751*

The Local History Centre celebrates its 15th Anniversary

There have been several previous attempts to set up a Museum or Centre for local history in Eynsford. In 1904 Elliott Downs Till founded a Museum at Little Mote, but how long it lasted is unknown. Before the Second World Ernest Greenfield set up another Museum at Riverside which was bombed in the autumn of 1940. Thirdly, after the war in 1947 an outbuilding at Lullingstone was taken over by Darent Valley Archaeological Research, with the aim of building a permanent Museum. All came to nothing.

Then in the 1980s along came Farningham and Eynsford Local History founded to aid research into the local area and to house a permanent collection as a resource for residents and researchers. Two frustrating decades followed, with a growing collection being moved from the waiting room at Eynsford Station, to Peter Gee's garage, to a barn at Maplescombe, and to Horton Kirby Education Centre before finally its present home, former public toilets, was made available by Eynsford Parish Council, and converted by the Society, It was opened in 2005 and now houses a wealth of information - documents, maps, photographs, artefacts - about the local communities it serves.

Our centre at Riverside remains closed but you can visit our website at: felhs.org.uk or send any enquiries via: archives@felhs.org.uk

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History Corner – Jan Wilkes

Anyone for Tennis

Sometime during 1873 at a weekend house party was held at Lullingstone Castle. Among the guests were Mr John Heathcote (Writer and tennis player) and Mr Julian Marshall (Barrister and real tennis player). Both men were keen athletes and together with Sir William Hart Dyke they drew up the rules for lawn tennis, which later developed into the game we know today. The first match played in England took place on the lawn at Lullingstone near the gatehouse. The centre line was a ladder supported by two barrels and the court was wider at the base than at the centre, being marked out with tapes and pegs. The racquets at this time were small and pear shaped.

By 1877 the All England Lawn Tennis & Croquet Club were proposing the First Wimbledon Championships. Mr John Heathcote and Mr Julian Marshall together with Mr Henry Jones on the All England Club laid down the rules of the game that have changed little to this day. The first Wimbledon Tournament was held on 9th July 1877. That day 22 amateurs showed up to compete in the Gentlemen's Singles Tournament (Ladies invited to join the Tournament in 1884) at a cost of one guinea entry. The winner was Mr Spencer William Gore

The following extracts are from *So Spins the Silkworm* written by Zoe Hart Dyke:

‘We had a lovely summer this year (1938), and the North Kent Lawn Tennis Association, of which I was Vice-President, made me two requests. The first, that I should take about 700 members round the Farm (*Silk farm*) personally and secondly, that Oliver should allow the Association to stage a “period” tennis match. Both requests were granted.’

‘The game became popular and daring ladies who played it shed frames and frills from their crinolines and used an underhand service with scooping returns. The Association re-enacted the match perfectly, before an audience of many hundreds of people. Tom Booker and his brother, who by now were both well over eighty years old, had been ball boys at the famous 1873 match, and they were persuaded to re-enact their part’.



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Health Tips from Dr Sahota

Dr Sahota is a GP with 20 years experience, he is also the Medical Director of Vitality Home Health who supports many residents from Eynsford and Farningham. One of his specialisms is in fact Lifestyle Medicine, where he has proven that adjusting a few minor things in life can have a huge impact on wellbeing.

A message from Dr Sahota to all trident readers:

Even before this pandemic I was seeing more people suffering with chronic stress, anxiety and depression which are risk factors for many diseases including heart disease and dementia. Here are my top tips for good mental health.

1- Food is medicine and if you eat a lot of junk food full of sugar and artificial ingredients, your brain will not be happy. Eat real unprocessed food and your body and brain will benefit physically and mentally.

2- Consume a good natural probiotic like kefir, sauerkraut or yoghurts with friendly bacteria. There is a strong gut brain connection. Strengthen your gut, strengthen your mind.

3- If you suffer with anxiety and stress avoid caffeine. Over consumption of coffee especially will make you more anxious which may lead to palpitations and lack of sleep.

4- Look for ways to rebalance yourself. Reconnect with nature with gardening or walks, do yoga or Tai chi, practice deep breathing meditation.

5- If you are feeling tired with low mood/anxiety my favourite supplements are Vitamin B12, Vitamin D and magnesium.

Remember if you cannot cope please do reach out and speak to your GP.



Photo by Henry Be on Unsplash

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DAY & EVENING APPOINTMENTS - HOME VISITS AVAILABLE

Eynsford & Farningham in Solidarity with Black Lives Matter

On Sunday 7th June, Florence-Mae bravely stood up in front of 150 people gathered at Eynsford Cricket Ground to read her poem:

*My name is Florence. I am seven years old. Black Lives Matter.
My skin is brown, and my hair is curly. Black Lives Matter.
I'm scared for my future, I almost lost my brother. Black Lives Matter.
In a gang to fit in, then stabbed in the street. Black Lives matter.
Why is no one listening? Change is needed! Black Lives Matter.
Hear our voices when we shout 'I CAN'T BREATHE'. Black. Lives. Matter.*

Her mother Nicki explained that as her son grew up in a predominately white neighbourhood, he found it difficult to find a sense of identity and a place to fit in.

Dillon, a local father, shared a story; *'When my daughter was 8 years old, she was playing in a playground, a child told her she should not play with another child, because that other child was black. The child did not realise my daughter herself was mixed race. My daughter stood up for that child and by doing so also stood up for herself....Children are not born racist, they pick things up from homes, we need to break that cycle, teach ourselves, teach our children...Racism needs a cure, and we are that cure'.*

In between speeches a live Brass Band played 'Strange Fruit' by Billie Holiday, a protest song against the lynching of Black Americans, followed by 'Amazing Grace' to end the 2-minute silence.

The Kent Police, members of the Parish Council and Eynsford Cricket Club were in full support of the peaceful and socially distanced protest.

In response to the event, Genevieve from Hextable said *'as a Black South African woman this event brought a tear to my eye. The amount of white enlightened people present gave me hope as I have felt exhausted - these last few months especially. As a black person, trying to educate others can be exhausting. The message that came across strongly for me was those with privilege need to educate themselves and others and not just rely on the oppressed to do it. Thank you all from a very sad, frustrated and angry but hopeful and grateful Person of Colour.'*

As white folk, the best thing we can do is educate ourselves and others. We recommend Maya Angelou's 'I Know Why the Caged Bird Sings' and Reni Eddo-Lodge's 'Why I'm No Longer Talking to White People about Race'. We must

also act on what we have learnt. We can get together with friends at school/ university and demand to be taught about our colonial past and racist present. We can encourage our local parish to make a collection for those suffering on account of their race. We can suggest the adoption of racial promotion quotes in our workplace.

To capture and preserve the energy from the protest, a Facebook Group called 'Eynsford and Farningham for Social Justice' has been created to discuss/educate/ protest/promote issues important for a fairer and more just society. Please come and join us. All speeches and photos can be found on our Facebook event 'Eynsford & Farningham in Solidarity with Black Lives Matter'.



'Racism needs a cure, and we are that cure'.

Picture of Florence and her grandad, Tengo. Florence is the great-great-granddaughter of Noni Jabavu, the first African female editor of a British literary magazine. Noni's father was Davidson Don Tengo Jabavu, who founded the South African Native College at Fort Hare, a university attended by Nelson Mandela.

Eynsford and Farningham Ladies' Probus

Having nothing to report really concentrates the mind on thinking about what would be a useful contribution to Trident. There's no fun in reading about what is not going to happen. This made me think about what good has come out of this enforced lockdown. After speaking to a few of the members there are quite a few things to be positive about.

Living in Eynsford and Farningham is a real positive. The local shops have done a fantastic job in serving the community and going way beyond what we might have expected from them. Volunteers have certainly helped many of the Probus ladies as well as many others. What a superb system that has been.

A number of us now know a new definition for the word zoom. Yoga in my living room is a new experience. Shopping online is a new experience for many. Technology has proved to be a good way of keeping in touch with family and friends and an absolute bonus for anyone who lives on their own and has been isolating.

New walks have been discovered. The gardens have never looked better. Motorway noise has diminished and birdsong has just got louder.

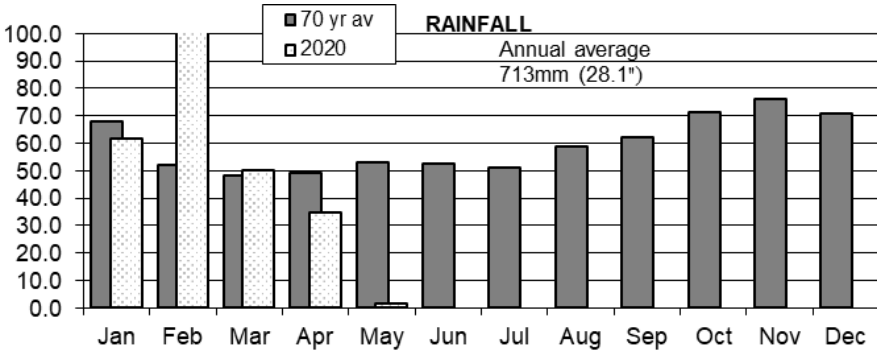
Let's hope meetings can resume as soon as possible. Lots to catch up on. Speakers to look forward to. Stay in touch and remain positive. *Gill Govus*



Eynsford Weather Data

May 2020

James Alexander



Total rain to	2020	279 mm (11.0")	2018	316 mm (12.4")
end of May	2019	182 mm (7.2")	2017	210 mm (8.3")

National Overview. May started off showery, but high pressure then built across the country and brought mostly warm, dry and sunny weather. Northerly winds brought much cooler weather mid-month, with scattered showers mainly in the east and some overnight frosts. Westerly winds then brought less settled weather at times, but in the last week high pressure brought warmth and almost unbroken sunshine for much of the country. The mean temperature for May was 1.1°C above the long-term average. The mean maximum temperature was the 3rd highest since 1884, but the mean minimum temperature was close to normal. It was the driest May since 1862 and the sunniest since 1929, with just 17% of average rainfall and 157% of average sunshine.

In Eynsford we had 1.5mm (0.06") rain which fell on the first of the month, with the rest of the month dry. It was the driest May since 1949, which is as far back as my records go. There were three very late frosts in the middle of the month which have probably caused some damage.

ALAN CREMER'S QUIZ

WHAT PLAGUE?

- 1). What plague swept up the long walls?
- 2). What plague swept westwards from Cathay?
- 3). For rebelling against whom were 14,000 and 700 smitten with plague?
- 4). What plague followed Batrachian footsteps?
- 5). Who “thrice vowed a double plague”?
- 6). Who cursed pickled herring with plague?
- 7). What French haven received a royal fugitive from an English plague?
- 8). What plague enabled English schoolboys to smoke with impunity?
- 9). Who wrote a novel about a plague?
- 10). What decennial performance commemorates deliverance from plague?

Send you answers to: alanctela@gmail.com

ANSWERS TO THE LAST QUIZ.

- 1). Anne, Duc de Montmorenci became Constable of France.
- 2). Queen Anne in Mrs. Morley and Mrs Freeman correspondence.
- 3). Sister Anne in “Bluebeard”.
- 4). Anne Boleyn in Shakespeare’s “Henry VIII”.
- 5). Anne of Austria in “The Three Musketeers”.
- 6). Greedy Nan.
- 7). Anne Hathaway.
- 8). Annie Laurie.
- 9). St. Anne.
- 10). Princess Anne.

Community Calendar

ARPS	Anthony Roper Primary School	EVH	Eynsford Village Hall
FPC	Farningham Parish Council	FC	Farningham Church
DVYM	Darent Valley Youth Music	FVH	Farningham Village Hall
EiB	Eynsford in Bloom	Fnt Crt	Fountain Court
ECB	Eynsford Concert Band	ECF	Eynsford Cricket Field
EBC	Eynsford Baptist Church	OSH	Olive Seal Hall
EPC	Eynsford Parish Council	St M's	St Martin's Church
EVS	Eynsford Village Society		

2020

ALL DATES SUBJECT TO CHANGE/CANCELLATION

August

Saturday 1	Eynsford in Bloom Work Party	E Car Park	9.30
Monday 3	EPC Committee Meetings	EPC	8.00
Thursday 6	FWI: Silk and Silk Painting	FVH	7.30
Monday 10	EynsfARA The Customs & Traditions of the City of London, Mark Lewis	St M	2.00
Thursday 13	Monthly Midweek Lunch	EBC	12.30
Wednesday 19	EWI August dinner	EVH	7.30
Thursday 20	EPC Council Meeting	EPC	8.00
Saturday 29	Plant Hunters Weekend	Lull Castle	11- 5
Sunday 30	Plant Hunters Weekend	Lull Castle	11- 5
Monday 31	Plant Hunters Weekend	Lull Castle	11- 5

September

Wednesday 2	FPC Council Meeting	FVH	7.45
Thursday 3	FWI: Plants for the Flower Arranger's Garden	FVH	7.30
Saturday 5	Eynsford in Bloom Work Party	E Car Park	9.30
Saturday 5	FHS Autumn Show	FVH	2.00
Monday 7	EPC Committee Meetings	EPC	8.00
Thursday 10	Monthly Midweek Lunch	EBC	12.30
Sunday 13	EGC Annual Show	EVJ	2pm
Monday 14	EynsfARA Under Billowing Sails, Wilf Lower	St M	2.00
Wednesday 16	EWI Craft - bead making	EVH	7.30
Thursday 17	EPC Council Meeting	EPC	8.00
Friday 18	Millfiled Quiz	FVH	
Saturday 19	Mexican Celebration Weekend	Lull Castle	11 - 5
Saturday 19	Simon Johnson organ recital followed by light lunch - lunch time		
Sunday 20	Mexican Celebration Weekend	Lull Castle	11 - 5
Friday 25	FELHS Talk on Kent History from the Air	EVH	7:30

October

Thursday 1	FWI: Adventures of a Stunt lady	FVH	7.30
Saturday 3	Eynsford in Bloom Work Party	E Car Park	9.30

Monday 5	EPC CommittenMeetings	EPC	8.00
Wednesday 7	FPC Council Meeting	FVH	7.45
Thursday 8	Monthly Midweek Lunch	EBC	12.30
Monday 12	EynsfARA Britain through the eyes of The Picture Post 1950, Howard Smith		
Thursday 15	EPC Council Meeting	EPC	8.00
Wednesday 21	EWI OPEN MEETING Talk on Agincourt	EVH	7.30
Friday 23	FELHS Lullingstone down the Ages	FVH	7:30
Friday 30	Abba Chique tribute band	FVH	
Saturday 31	Halloween Magic	Lull Castle	12- 7

November

Monday 2	EPC Committee Meetings	EPC	8.00
Wednesday 4	FPC Council Meeting	FVH	7.45
Thursday 5	FWI	FVH	7.30
Saturday 7	Eynsford in Bloom Work Party	E Car Park	9.30
Saturday 7	Eynsford Fireworks @ Furlongs Farm		
Monday 9	EynsfARA Underground Britain, Geoff Britain		
Thursday 12	Monthly Midweek Lunch	EBC	12.30
Saturday 14	EGC Winter Show & AGM	EVH	3pm
Wednesday 18	EWI History of puddings	EVH	7.30
Thursday 19	EPC Council Meeting	EPC	8.00
Friday 20	FHS AGM & Prize giving Supper	FVH	7 pm

December

Wednesday 2	FPC Council Meeting	FVH	7.45
Thursday 3	FWI: Christmas Party	FVH	7.30
Saturday 5	Eynsford in Bloom Work Party	E Car Park	9.30
Saturday 5	ARPS Christmas Fayre		
Monday 7	EPC Committee Meetings	EPC	8.00
Wednesday 9	EWI Entertainment	EVH	7.30
Saturday 12	Christmas Fayre.	St. M's.	11 - 3
Monday 14	EynsfARA TBA		
Thursday 15	Christmas lunch	EBC	12.30
Thursday 17	EPC Council Meeting	EPC	8.00
Friday 18	EVS Christmas Quiz	EVH	
Friday 27	FELHS A Mummings' Christmas	EVH	7:30

Send in you dates to efltrident@yahoo.com

Anthony Roper Primary School dates for 2019/20

Term 6: Tuesday 2nd June - Tuesday 21st July.

Additional holiday days for children (inset days): 1st June, 22nd July.

Summer Fete - 27th June 2020

Sports Day - 8th (or 9th) July 2020

2020/21

Term 1: 3 September - 22nd October

Term 2: 2nd November - 18th December

Term 3: 5th January - 12th February

Term 4: 22nd February - 1st April

Term 5: 19th April - 28th May

Term 8th June - 21st July

The Tuesday Community Bus to Swanley

Leaves Eynsford Rise about 10.30 and collects wherever you want, including Mill Lane, Old Mill Close, Farningham and then on to Swanley. There you have about one and a half hours before being returned to your door with your shopping. If you would find this service useful, contact Rural Age Concern Darent Valley for details of the modest cost and to book a pick up 01474 879473.

Mobile Library Times

Every other Wednesday:

Eynsford - Pollyhaugh - 11.10-11.40

Eynsford - Gibson's Court - 11.45—12.15

Farningham - Alban Crescent - 10.15-10.45

How to Contact your District Councillor

Sevenoaks District Council 01732 227000 www.sevenoaks.gov.uk

Farningham: Philip McGarvey 862870 cllr.mcgarvey@sevenoaks.gov.uk

Eynsford: Alan Cheeseman cllr.cheeseman@sevenoaks.gov.uk

How to Contact your MP

Laura Trott MP

House of Commons, London SW1A 0AA

Tel: 072193000

Email: laura.trott.mp@parliament.uk

How to Contact Kent Police

Either call 101 or report online.

The link is: <https://www.kent.police.uk/services/report-a-crime/kent-police-online-reporting/>

Fly tipping

Fly-tipping on highways, footpaths and public land should be reported promptly (at any time) to Sevenoaks District Council on 01732 227000.

Recycling in the Villages

Aluminium foil Iris and Ed Riverdale House, High St, Eynsford
Used stamps Brenda Town 6, Willow Terrace, Eynsford
Old coins Phil McGarvey 17, Tilmans Mead, Farningham
Bulky Refuse 01732 227000 (Press1)

Further supplies of Garden & Rubbish Sacks

Garden rubbish brown bags

Swanley Library; SDC Offices, Sevenoaks

Black and clear rubbish bags

Parish Office Eynsford; Jane Gray Farningham

Recycling using your clear sacks

You can put the following clean items into your clear sacks:

- Newspapers, magazines, other paper and shredded documents
- Cardboard boxes and packaging.
- Cans, including empty aerosol cans, tins, metal bottle tops, jar lids,
- Tetra Pak® and other food, drink and long-life cartons
- Aluminium take-away and ready-meal trays and clean kitchen foil
- Plastic bottles and tops. Plastic yoghurt pots, margarine and ice cream tubs, fruit baskets and trays. Please put black plastic pots, tubs, trays or lids, or film lids in your black sacks.

Milk in GLASS bottles

If you care about the plastic issue, you could help a little by having your organic milk delivered to your door in glass bottles. It would cost you more, but it would ease your conscience! It's 81p for a glass bottle or 95p for organic. Contact milkandmore.co.uk or phone 0845 606 3606 to organise deliveries.

What about Plastics?

We are all trying to reduce how much plastic we use and buy, but sometimes we can't avoid it.

Many supermarkets will recycle your plastic bags and packaging - just ask. There are also recycling scheme for packaging such as crisp packets - see www.terracycle.com

The Eco Pantry, based at Chart Farm, Seal is a new shop where you can refill your own containers with dried goods, cleaning products and more - worth a visit on Tuesday, Thursday or Saturday!

BRAESIDE SURGERY DOCTORS' TIMES

Doctor	Day	Morning	Evening
Dr Maryam Tahmassebi Dr Saijit Shetty	Monday	9.00 - 12.30	17.40 - 19.30
		8.30 - 12.00	16.30 - 18.30
Dr Jane Lindsay Dr Antony Ellul	Tuesday	8.30 - 12.00	15.00 - 17.00
		9.30 - 13.00	16.30 - 18.30
Dr Maryam Tahmassebi Dr Saijit Shetty	Wednesday	9.00 - 12.30	16.00 - 18.00
		8.30 - 12.00	17.40 - 19.30
Dr Maryam Tahmassebi Dr Anthony Ellul	Thursday	9.00 - 12.30	14.30 - 16.30
		9.00 - 13.00	16.30 - 18.30
Dr Jane Lindsay Dr Saijit Shetty	Friday	8.30 - 12.00	17.00 - 19.00
		8.30 - 9.30	15.00 - 17.00

Please allow 3 **working** days before collecting prescriptions

WHAT TO DO WHEN WE ARE CLOSED:

NHS 111 – URGENT BUT NOT LIFE THREATENING Tel: 111
 South East Health provide an ‘on-call’ doctor service outside of normal surgery hours for our patients from Darent Valley Hospital. To access the service please telephone the surgery where you will receive either a message or be diverted directly to the local surgery on call between 1pm – 4pm OR between 6.30pm – 8.00am dial **111** where your call will be triaged and diverted directly to the on-call doctor or service where appropriate. Please use this service rather than dialling 999 or attending the A&E Services if your condition is not life threatening.

ALTERNATIVE HEALTH CARE SPECIALISTS:

Minor injuries can also be dealt with by **Minor Injuries Unit (MIU)** at: Gravesend & North Kent Hospital, Bath Street, Gravesend open 9:00 – 9:00 seven days a week, or at Sevenoaks Hospital, open 8:00 – 8:00 (x-ray 9:00 – 4:00 only) these are both Emergency Nurse Practitioner (ENP) led clinics. The ENPs are trained in assessing and diagnosing a wide range of minor injuries; i.e. cuts and bruises, strains and sprains, foreign bodies in eyes, minor burns and scalds.

Local Services

Transport can be provided to hospitals, chiropodists, doctor. Please phone Lilian on 863293, 48 hrs notice would be appreciated. Queen Mary's & DVH - £8
Chiropodist @ Devon Rd £5 Farn. Surgery £2.50 Any parking expenses will be additional to these charges. We do not do lifts to the hairdressers or Bluewater!!

Lifts for pensioners to Post Office, Sainsbury's, Swanley - Liz on 865529
Wheelchairs and walkers for short loan, phone Molly Copus on 01322 532029
Bus Pass /Rail Warrant - you must buy that warrant from railway station
Hospital Visiting Please notify Gillian on 866228 if someone would like a visit from the church pastoral team.

NHS Hearing Aid batteries EVH 1st Tuesday 2-3pm

Podiatry Service The Mill Clinic Horton Kirby 864499

Podiatry Home visits Debra Wilkinson 860512 Mob: 07984 914 067

Home Delivery Service of Library Books including audio books for the housebound phone 01959522488

Tell us once service These people will do all the necessary phone calls when you have to cope with a death Phone 08458 247 400

Lunch ready cooked Age UK West Kent 01474 350525

Caring, Cooking Anne Phillips CRB checked 07931 811 758

For equipment for the Disabled and Changes to the Home:

Social Services D'ford 01322 343867 Social Services S'ley 01322 611000

Elderly 01474 328 664 Sevenoaks 01732 456 223

Hospital Discharge Scheme 01732 227000 and ask for Hosp Dis Sch

Washing hair in hospital. Buy a Reynard shampoo cap – a rinse free conditioning shampoo in a disposable cap. It's very easy to use: the cap is put in the microwave to warm up and then put on the head and massaged for 15 minutes before it is removed, leaving you with lovely clean hair. The cap costs £4 and can be ordered at a chemist.

Services of Family Mosaic Home Improvement

Free advice and guidance; Assistance with adapting your home; Help with applying for benefits; Fire, home safety checks

Handyman services Grass cutting and decorating services

01732 758 355 Ext: 758355

Swanley Foodbank 11 Lynden Way, Swanley BR8 7DN 07798 872573

National Domestic Violence Helpline 0808 200 247 (Women); 0808 801 0327 (Men) or visit www.domesticabuseservices.org.uk

Bus Times from June 2020

Go Coach have replaced all their bus services in the Sevenoaks area, including Route 2 serving Eynsford, with an "on demand" service marketed as "Go2" whereby, with the use of a mobile phone app "Go2 Sevenoaks", or by contacting Go Coach by phone on 01732 463964, you can order a bus to collect you from a local stop and take you to Swanley or Sevenoaks (or points in between). The service was introduced on 14 April for 3 months, operating from 6am - 6pm on Mondays to Fridays and 8am - 6pm on Saturdays, at the same cost as normal bus fares and with Concessionary bus passes accepted. Depending upon its success or otherwise, these arrangements may be continued beyond 14 July but this remains to be confirmed.

The 429 bus route from West Kingsdown, through Farningham to Swanley and Dartford has now returned to its normal timings on Mondays to Fridays with departures from Farningham, Pied Bull to Swanley at 06.07 and 06.47, then from 07.34 to Swanley and Dartford and every hour from 09.37 to 14.37, then at 16.52 and 17.52. Return journeys from Dartford, Lowfield Street leave at 08.37, then every hour from 09.32 to 13.32. The 14.32 departure terminates at Swanley, but the 15.32, 16.47, 17.47 and 18.47 continue through to Farningham and West Kingsdown. Departure times from Swanley, Bartholomew Way are every hour from 09.00 to 14.00 then at 16.02, 17.15, 18.15 and 19.15.

On Saturdays there is only a bus every two hours leaving Farningham, Pied Bull at 08.37, 10.37, 12.37, 14.37 and 16.37; returning from Dartford, Lowfield Street at 09.32, 11.32, 13.32, 15.32 and 17.32 and from Swanley, Bartholomew Way at 10.00, 12.00, 14.00, 16.00 and 18.00.

It is also planned to reinstate the Sunday service to Bluewater leaving Eynsford Station at 09.30, 11.55 and 15.05 and Farningham 4 minutes later; returning from Bluewater at 10.30, 13.40 and 16.10, from Darent Valley Hospital 6 minutes later, Dartford, Lowfield Street 13 minutes later and from Swanley at 11.08, 14.18 and 16.48.

Frequent bus services operate between Dartford, Darent Valley Hospital and Bluewater every day including the 477 bus route, operated by Arriva, from Swanley, currently running every 40 minutes on Mondays to Fridays, every 75 minutes on Saturdays and every 90 minutes on Sundays.

Bus and train services should still only be used for travel to and from work, for shopping, or for medical supplies or appointments and, from 15 June, face coverings are required to be worn on all buses and trains.

All times are subject to last minute changes, so it is best to check with www.go-coach.co.uk for their Go2 and 429 services, with www.arrivabus.co.uk/kent-and-surrey for the 477 and other buses to Bluewater, and with www.nationalrail.co.uk for train times before travelling. *David Toser*

MONTHLY CLUBS

Eynsford WI 3rd Wed at 7.30pm in Eynsford Village Hall	863241
E i B work parties First Sat 9.30am PO Car Park Eynsford	864751
EynsARA 2nd Monday in St Martin's	862951
Farningham WI 1st Thurs in Farningham Village Hall at 7.30pm	863996
Ladies Probus 1st Wednesday at the Shoreham Golf Club	863186
Probus 1st Thurs at Pedham Place, Swanley	863189
Camera Club (Epic) 4th Monday in Olive Seal Hall at 8pm	862275

THINGS TO DO — PLACES TO GO!

Monday

Walk every Monday 9.30am, start Riverside. All day walk on last Monday
 Tiddlers Mon. 9.30-11.30 Baptist Church for Mothers/Carers and little ones
 Pilates at 9.30 in EVH
 Bridge Club Mondays OSH 2-4
 Tea Dance Mondays 2-4 in FVH
 Eynsford Netball Club Mon. yrs 3-Adult 6.30-7.30pm ARPS
 Brownies Mondays 6-7.30 Edwards Hall
 Darvale Explorers Mondays 7:30 to 9:30pm in the Scout Hall
 Badminton EVH Monday evening 8-10pm
 Photography Club (EPIC) 4th Monday 8pm Jan-Apr & Sept - Nov OSH

Tuesday

Eynsford in Bloom, Tuesdays, 9.30am, work party, car park.
 Beacon Hill babies Music and dance Tuesdays and Thursdays in EBC
 Claire's 11+ Club in EVH for Yrs 4 & 5 3.15 - 6.45
 "health with hames" Yoga Tuesdays 10.30-11.30 EVH, 19.30-20.30 OSH
 Circuit training Tuesday 6.30 ARPS
 Line dancing Tuesday FVH 7-9.15 Beginners & Intermediate
 Adult Dance Class 7-8 WKVH Tuesday sallyannoca@hotmail.co.uk
 T:868166
 Get Fit 6.30 - 7.30 ARPS
 Tuesday Club Tea, cards, scrabble, chess whatever! 2 until 4 in EVH
 Scouts Tuesdays in the Edwards Hall 7. - 8.30 pm
 Eynsford Concert Band Rehearsal Tuesdays at 7.45 ARPS
 5678 Dance workout for adults Tuesday 7-8 EVH

Wednesday

Yoga Wednesday FVH 864566
 Circuit training Wednesday 6.45 ARPS
 St Martin's Church Choir practice—Wednesday 6.30pm
 Polychor rehearsals Wednesday 7.45 – 9.30pm ARPS

Pilates on Wednesday 3-4 FVH

Pilates in EVH 9.30 - 10.30

Tiny Tots: Mothers & Toddlers Group Wed 9.30-11.30 FVH

Cubs 7-8.30 Wednesday Edwards Hall

Riverside Youth Drama 6 - 7.30pm Wednesdays EVH 7-18 year olds

Irish Folk Dancing - fortnightly on Wednesdays in EVH 7.30 - 8.30pm

Ukulele Group 7pm - phone 862779 for venue

Eynsford Running Club 7.00 Begg 7.40 Inters Meet Millfield gate Eyns end

Bell ringing at Farningham Wednesdays 8pm

Bell ringing Eynsford Wednesday 8pm

Wednesday Badminton EVH 8 -10pm

Thursday

Crafty Tots Thursdays Olive Seal Hall

Yoga in EVH Thursday 10am

Tea and Chat in FVH Thursday 2- 4pm for everyone

F'ham Church Choir Practice Thursday 7pm Follies Singers 8pm

Ukulele Group Thursday 6 - 7 EBC in term time

Get Fit Thursday 7 - 8 pm ARPS

Kempo: Thursday 6.30 - 8.30 in Scout Hall

Children's Dance Classes EVH Thursdays 4.15 - 6.45

Centre Stage Youth Drama in ARPS 6-7.30 Thursdays

Zumba Thursdays 6 -7 FVH

Badminton Thursday evening in EVH 7.30—10.30

DVYM Vocal Ensemble Thurs 6-7 Juniors 7-8 pm Seniors EBC Term Time

Friday

Musical Tots 10am Friday Baptist Church

Chess Club for young people Friday 6-7.15 St Martin's Term time

Friday Brownies 6pm -7.20 in the Scout Hall/Edwards Hall

Guides Fridays 7.30 - 9.00 Edwards Hall/Scout Hall

DVYM Minims at 4.30, Big Band at 5.30 Fridays in EBC

Colts Cricket Common Meadow Friday evenings in the Summer

Saturday

Tutti wind band for adults in EVH 9am.

Eynsford Gardeners Club See 'What's on' for dates

Darenth Valley Youth Music Enterprise at 9 Wind Band at 9:45 in EBC

Rainbows 9 to 10.30 in Edwards Hall

Eynsford Football Club, Saturday afternoons at Harrow Meadow

Boxing Fitness. Skill and pad drills at EVH.

S B Soccer School @ARPS 9.30- 10.30 for Year 1 to Year 6

Sunday

Riverside Wanderers Vets Football Sunday mornings at Harrow Meadow

Children & Young People

Baby sign group	07768447657
Baby Sensory	07786 448701
Little Bright sparks	07768447657
1st F & E Brownies	
2nd F & E Brownies	866863
Rainbows	864726
Beacon Hill Babies Music	07958609636
FCC Juniors	07835881451
Cubs	863069
Clare's 11+ Club	07789 796 283
Guides	07703845778
Rangers	07939926084
Anthony Roper Pre-School	865469
Musical Tots EBC Georgia	0907@h'mail.com
Netball	866244
Tiddlers on Mondays (EBC)	07894541984
Tiny Tots (FVH)	07584902914
School (ARPS)	863680
Scouts	863069

Church

Bellringers (E & F)	862479
Eynsford Baptist Church	07411278637
Darent V.C. Church	07908045445
Grace Centre Church EVH	07886510330
Rector	863050

Drama and Music

Axstane Players Farn.	01322 274541
Centre Stage Juniors	07834 460 686
Darent Valley Youth Music	866177
5678 Dance Workout	868166
Eynsford Concert Band	07506 679015
Farningham Guitar Club	01322 666566
Follies Singers	
Riverside Box Office	07704 279 948
Riverside Youth Drama	07427 607 003
Polychor	07900842454
Ukelele Group	866177

Health

Dementia Help Line	0800 500 3014
Baby Clinic	866327
Doctor Farningham	862110
Doctor The Cedars, Swanley	612686
Doctor The Oaks, Swanley	668833
Foot Clinic (Age Concern)	01474 879473
Yoga Thurs EVH	862391
"health with hames" Yoga	07753212264
Osteopath	07956 246307
Rural Age Concern	01322 666448.
Citizens Advice Bureau	01322 875888
To borrow tables	01732 461462.

Leisure

Bridge Club	
Photography Club (EPIC)	862275
Eynsford Gardeners	866984
F'ham Horticultural Society	862603
Ladies Probus	863186
Library delivery service	01959 522488
Local History Society	865122
Probus	863186
Eynsford WI	867831
Farningham WI	863996
Riverside Social Club	863114
Tea and a chat FVH	866325
Tea Dance FVH	01322 663649
Tuesday Club	863701 or 863069
Lullingstone Visitor Centre	03000 411811

Parish Affairs

Eynsford in Bloom	864751
Edwards Hall Lettings	863069
Eynsford Parish Council	865320
Eynsford Village Society	866102
EVH General	07925 254 658
EVH Booking Sec.	07780 532525
Eynsford Tree Warden	07412 038634
Farningham Parish Council	866066
F'ham Vill Hall bookings	07530297707
Farn Vill Hall caretaker	07710228599
Olive Seal Hall	866407

Sport & Physical Activities

Aerobics Tues, Thurs, Fri	864581
Badminton Mon EVH	862077
Badminton Wed EVH	863839
Badminton Thurs EVH	867894
Cricket ECC	07973 702440
Cricket FCC	07835881451
Croquet	862275
Irish Dancing	864276
Linda's Line dance FVH	01732 870116
Kempo Club	07759 620739
Netball	07864279305
Pilates on Wednesdays EVH	07860665531.
Pilates on Weds FVH	07505 364 161
Riverside wanderers (Vets)	07770882085
Running Club	861560 07860840932
Zumba FVH Thursday	07552755005

“

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My home
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the way I like it

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sevenoaks@bluebirdcare.co.uk

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Lullingstone Opens

JULY 3rd



Glad you can't
see my shorts